



# DOVER'S PRIDE



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## **President's Message:**

Dear Fellow Dover Lions-

Happy New Year to all Dover Lions and their families! I hope everyone had a wonderful Christmas holiday and the chance to take a breather and just relax with family and friends. Two thousand seven promises to be a great year with opportunities to share the camaraderie of being a Lion while serving our local community and helping those less fortunate.

The 20<sup>th</sup> Annual Central Delaware Party for the Blind held on December 7<sup>th</sup> was a huge success. The host club was the Murderkill Lions Club. Dover Lions were well represented by several lions that assisted at the party and provided transportation for the visually impaired and handicapped. A rousing Lions roar to Dover Lions: Rhonda West, Rosemarie Milne, Lyle Dabson, Pat Webb, Rich Bonnell, Norm Quible, Rennie Quible, Tee Bell, and Dick Holland!! Your assistance was much appreciated. The smiles on the faces of the attendees said it all. You could tell just how much this annual Christmas event means to them. One little secret I'll pass on—if you participate at the party as a Lion, you get an even bigger blessing than the attendees. You leave realizing how good it feels to be a Lion and give a little of yourself to someone less fortunate.

If you were unable to attend our annual Christmas party on December 18<sup>th</sup>, you missed a wonderful evening of good food and fellowship. A very special thanks goes out to Lions Valerie and Rosemarie for all their work in making this a special evening for all. We also took the opportunity to recognize some special individuals who, although they are not Dover Lions, assisted us with our annual Chicken Fry in November. Special awards were presented to Heather Fenn, Brittany Yarnell, Amanda Steelman, Monica Watson, and Jason Craig. Alan and Sandy Pleasanton and Bruce Shamyler were unable to attend, and we will present their awards at a later date. When you see these folks, be sure to thank them for their support of the Dover Lions. Thanks to everyone who donated a toy to a needy child. The toys were all hand delivered to the Dover Salvation Army on Tuesday, December 19<sup>th</sup>, for distribution to needy children in the Dover area.

Our January meeting will be held on the 15<sup>th</sup> @ 6:30 p.m. at the Sheraton. I realize we are all busy with work and family, but please come out and support your club by attending. We are anticipating inducting two or three new members at the January meeting, and we really need to show them that we are passionate about being Lions!!

Finally, mark your calendars for January 27<sup>th</sup> at the Schwartz Center for a fantastic evening of entertainment by the Hunt Family Fiddlers. If you attended last year, no further explanation is needed. If you were unable to attend last year, come out this year and see what everyone is talking about—and keep selling those tickets. Remember, they make a great belated Christmas gift or a birthday, an anniversary, or even a thank you to a special person who has meant a lot to you this past year!

Looking forward to a great 2007 for Lions! LIONS.....WE SERVE!!

LIONS.....WE SERVE!

Yours in Lionism,

Rich

King Lion

## **Important Dates:**

### **January**

15 Regular Meeting 6:30 P.M., Dover Sheraton  
15 Martin Luther King, Jr. Birthday  
20 Melvin Jones Breakfast  
27 Hunt Family Fiddlers  
27 District 22-A Social  
31 Third Cabinet Meeting

### **February**

02 Groundhog Day  
04 Polar Bear Plunge  
05 Board Meeting 6:30 P.M., Lion Rennie's House  
09 – 11 Leadership Institute, Emmitsburg, Md.  
12 Lincoln's Birthday  
14 Happy Valentine's Day  
19 Regular Meeting, 6:30 P.M. Dover, Sheraton  
22 Washington's Birthday

## **Upcoming Dates:**

Delaware State Lions Day 3<sup>rd</sup>, DLF Breakfast 10, 22-B Social 24<sup>th</sup>, Multiple 22 Convention

## **HAPPY BIRTHDAY:**

### **January**

**02** Elsie Heller  
**02** Johnny Johnson  
**17** Alan Kovitz  
**19** William Torbert  
**21** Lyle Dabson  
**21** William O'Day  
**21** Eddy Njubigbo  
**21** Elizabeth Wharton  
**22** Bryant "TEE" Bell

### **February**

**20** Donald Witmer  
**23** Patricia Webb  
**28** Rosemarie Milne  
**28** Richard Ware

## **News Notes:**

Copies of the updated roster will be available at the January Board Meeting and the January Regular Meeting to be picked up all rosters that were not picked up will then be mailed. If you have any correction and/or additions to your information please give the in writing to Lion Gary ASAP. Thank you for your help in this matter.

**A Purr-Plexing Puzzle:** How is the month of January like the Lion seal?

### **Purr Plexing Puzzle Answer:**

January is named for the two-faced Roman god, Janus, who presided over the beginning of things and was the doorkeeper, the "janitor" of heaven. The gateway was open in war and closed in peace. The Lion seal has 2 lion faces. It is said that the Lion on the left looks to the past at what has been done while the one on the right looks to the future to see what needs to be done. Another explanation stipulates that Lions look in all directions to find where help is needed.

### **Quotes Worth Quoting:**

It was said of President Harry Truman: "He got up this morning a little stiff in the joints and had trouble putting his foot in his mouth."

Annie Wauneka, Tribal Leader and daughter of Herney Chee Dodge (last Chief of the Navajo people) said: "I have learned that one failure or even a half dozen failures should never be the end of trying. I will continue to try as long as there is breath to do so."

### **So You've Joined a Club:**

Some members keep their club so strong, while others join just to belong. Some dig right in, some serve with pride: some go along for the ride. Some volunteer to do their share, while some lie back and just don't care. Some always pay their dues ahead; some get behind for months instead. Some do their best, some build, some make, some lag behind, some let things go; some never help their club grow. Some drag, some pull, some don't, so do, consider which one of these are you?

### **Diabetes Corner:**



Where should I inject my regular insulin to get the most consistent absorption?

We recommend you use your abdomen. Insulin injected into the abdomen is absorbed quickly and predictably so you know how it will affect your blood glucose time after time. In general, there are three places to inject insulin: the abdomen, the arms, and the legs.

Several factors affect the way your body absorbs insulin. If you exercise the muscles of your arms or legs vigorously after an injection, more insulin will be absorbed more quickly. It will be difficult for you to predict how this insulin will affect your blood glucose. Warm temperatures also increase the speed at which insulin is absorbed. Because your abdomen is usually covered by clothing and stays warm, insulin is absorbed more rapidly from this area.

### **Thought for the day:**

LYMAN LION SAYS: Drive carefully so that your license expires before you do.

### **Notes of Nonsense:**

Morris, 82, went to the doctor for a physical,. A few days later the doctor saw Morris walking down the street with a gorgeous young lady on his arm. A couple of days later, the doctor saw Morris and said, "you are really doing great, aren't you!"

Morris replied." Just following your advice, Doc "-get a hot mamma and be cheerful"  
The doctor said, "No, I said , 'you've got a heart murmur. Be careful'."

Senior Citizen Jake was driving down the freeway when his cell phone rang. His wife was yelling. "Be careful. I heard on the news that there's a car going the wrong way on I 95"

Jake replied: "It's not just one car. I see hundreds of them coming at me!"

### **Club News and Notes:**

#### **DECEMBER REGULAR MEETING**

Meeting Called to Order by King Lion Rich at 6:37 P.M.

Song Lion Rosemarie

Pledge Lion Bill

Invocation Lion Tee

Toast Lion Dick

Toast Lioness/Lion Elsie

Introduction of our guests was made by the members, because this meeting was the Dover Lions Christmas Party.

Awards were to Lion Rick for 100% Treasurer, and Certificates of Appreciation were given to the following for help with the Chicken Fry: Heather Fenn, Brittany Yarnell, Jason Craig, Amanda Steelman and Monica Watson.

The following committee reports were given: Hunt Family Fiddlers, all members need to sell their tickets in order for this to be a success. The Dover Lions had a successful bell ringing for the Salvation Army at the Value City.

The following announcements were made: The next board meeting will be on January 8, 2007 at 6:30 p.m. at Lion Rosemarie and David Milne's house. The address is 320 Persimmon Circle West, Dover, Delaware this is located in Wild meadows. Zone Meeting January 11, 2007 at 6:30 p.m. Wayside Inn in Smyrna. Next Club meeting January 15, 2007, 6:30 p.m. Dover Sheraton, new members will be installed at this meeting.

The King Lion wished a Very Merry Christmas to everyone as you reflect on the true meaning of the Holiday and a wish for the new Year that is filled with hope and promise!

Motion to adjourn was made and seconded and passed at 8:35 P.M.

### **JANUARY BOARD MEETING**

King Lion rich call the December Board meeting to order at 6:40P.M.

King Lion rich read all of the correspondence to the club, this included a refund check for the Governor's Ball, and check given to the club Treasurer, the King Lion also turned in money for sold tickets for the Hunt Family Fiddlers.

Motion was made seconded and passed to accept the Secretary and Treasurer report as submitted.

Lion Lyle gave a report on the Hunt Family Fiddlers and he reminded all Dover Lion's that in order for this event to be a success we need to sell the tickets. Also, club members are needed to sell the CD's and Tee Shirts for this event, along with one person to open and close the curtain. Members who attended the board meeting said that they would help.

Zone meeting will be on Thursday, January 8, 2007 at the Wayside Inn at 6:30 P.M. The following club official's are requested to attend this meeting, King Lion, 1st VP, Secretary, Treasurer and Membership Chairman.

Secretary reported that a updated club roster will be available at the next meeting of the Dover Lion's.

Next regular meeting will be on Monday, January 15, 2007

Melvin Jones Breakfast will be Saturday, January 20, 2007 at the Dover Sheraton. Contact PDG Ralph for additional information.

On February 9<sup>th</sup> to 11<sup>th</sup> 2007 the Multiple District 22 Leadership Institute will be held in Emmitsburg, Maryland, This year District Governor Keith has put aside funds which allow for a 50% reimbursement for first timers. This is a worthwhile program for all of the Vice Presidents and those who want to go higher in Lionism.

Motion was made seconded and passed to adjourn the meeting at 7:35 P.M.

### **District Governors Message:**

Dear Fellow Lions, Lioness, and Leos:

Oh What A Night, as the song goes, except this wasn't late December back in '63, this was early December in '06. What an awesome event that PCS BJ and her committee put on for all of us. Kudos to PCT Janet Brown and her committee for another super job of putting together the best ad book in the Multiple District. Congratulations also to King Lion Roy and Barbara Palo from the Glasgow Lions, who put on one heck of a Pre-Governor's Ball Hospitality Reception. Debbie and I had a great weekend with International Director Joe and his lovely wife Eileen. It was a "relaxing" weekend of frivolity, karaoke and just all around great Lions interaction.

While I'm passing out some well deserved atta boy/girl, congratulations go out to Shaquille Stratton from Lake Forest Central School in Felton on her District 22-D award winning peace poster. The Frederica Spring Creek Lions sponsored her poster "Celebrating Peace". They were one of six clubs that participated in the Peace Poster Contest this year. If your Club did not sponsor a poster this year consider doing so and Shift the Paradigm.

Speaking of Shifting the Paradigm, I know there are many well-qualified up and coming Lion Leaders in our District that would benefit from Multiple District 22's Regional Leadership Institute held at Emmitsburg, Maryland. The application to attend can be found on the website and the District is providing scholarships for up to half the cost. So if you desire, shift from a first gear grass roots Lion to a second gear beginning Lion Leader.

In the spirit of the season, your Cabinet had the pleasure of attending all three Region's Christmas Parties for the Blind. What great events each and every one of these is. Co-sponsored by the Delaware Association for the Blind, these carry on yet another of our great traditions of being "Knights of the Blind in Our Crusade Against Darkness". All the Region Chair's and their committees did a terrific job in orchestrating these events.

I was indeed humbled at the New Castle County party when long-time Lion Frank Harrison from the Wilmington Manor Club presented me a copy of a Book of Lions Prayers suitable for any occasion that your Club may be participating in. Lion Frank is truly a wordsmith as he penned all of these prayers. It is a wonderful compilation of prayers that a Club could retain for the Club Chaplain or Lion Tamer to utilize at a Club meeting. Many times Lions are taken by surprise when

asked to do an invocation. This book could certainly alleviate those anxieties.

At our last visitation of the Calendar Year, Region 3 Chair Brad Spicer informed me of the explosion of Leo Clubs that is about to happen in District 22-D. He is preparing for this onslaught of young people to our District with a Leo handbook that he has developed and a Leo program he is developing and will be giving in January of 2007. So stop, look and listen for details on this exciting event.

In closing, on behalf of myself, Debbie, Bob, Cheryl, Ann, Ted and the rest of your Cabinet, we want to wish you all a very Merry Christmas, Happy Holiday Season, and a Happy and Joyous New Year.

Keep On Shifting!!

Keith

