



DOVER'S PRIDE

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www.doverlionsclub.org



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President's Message:

Dear Fellow Lions,

I need to start this month's message with the best news of all. That is that Lion Tee Bell should be home by now and his recovery is progressing. Lion Tee all of members of the Dover Lions Club wish you well in your recovery, and I am sure that all of your Lion friends in 22D are in agreement.



With the start of April the Dover club has been serving its community for 64 years, way to go Dover Lions past and present.

During this month we will be very busy, our members will be attending the 4th Cabinet Meeting, the 4th Zone meeting, participating in White Cane Days and selling Car Raffle tickets.

Upcoming events are as follows: District Convention, May 18 – 21 in Dover, Officer Training School, May 6th, Caesar Rodney High School, International Convention, June 28th – July 2nd, Sydney, Australia and 53rd Annual meeting of the Lions Eye Bank of Delaware Valley, June 12th, Dover Downs.

Also I want to thank the Dover Lioness Club for their donation to Dover's White Cane Days.

One present the club can give Lion Tee is to meet the goal of 10 new members for the year. Remember to just ask, for the next person you ask may say YES.

As always we are looking for new members. It is the job of all members of the Dover Lions Club to ensure the health of the club. In order for this club to continue to survive we need new members along with keeping the members that we already have. With the addition of new members the Dover Lions Club will be able to serve the Dover Community long into the future. Remember that our motto is "We Serve."

Our next Board Meeting is on Monday, May 3rd at 6:30 P.M., at the Quible's.

Hope to see all Lions at the next regular meeting on Monday, April 19th, at the Dover Sheraton.

Web Page Address: www.doverlionsclub.org

IMPORTANT DATES:

April

- 18 Fourth Cabinet Meeting, Dover Sheraton, Cost \$10.00
- 19 Regular Meeting, Dover Sheraton, 6:30 P.M.
- 23 – 25 Dover Lions White Cane Days
- 24 District 22-C Social
- 29 Zone Meeting, Smyrna Dinner, 6:30 P.M.

May

- 03 Board Meeting, Lion Norm and Rennie's House, 6:30 P.M.
- 06 Officer Training School, Ceasar Rodney High School, 5:45 P.M., cost is \$13.00
- 17 Regular Meeting, Dover Sheraton, 6:30 P.M.
- 18 Multiple 22 Convention, Dover Downs
- 19 Multiple 22 Convention, Dover Downs
- 20 Multiple 22 Convention, Dover Downs
- 21 Multiple 22 Convention, Dover Downs

Upcoming Dates:

6/19, Blue- Gold Game
6/12, Lions Eye Bank of Delaware Valley,

HAPPY BIRTHDAY:

April

05 Richard Bonnell
09 Evan Hensley
29 Jason Lyon

May

24 Robert Hicks Jr.

Latimer Lion:

Latimer Lion believes one should "spring" into action.



On April 1st, three "April Fools" got up at 3:30 a.m. They left Dover at 4:00. With Lion Rosemarie at the wheel, Helen Jones, Lion Frank Jones' wife, and Lion Rennie rode to Washington, D.C. to see the cherry blossoms. The blossoms were at their absolute peak. What a show! The three now call themselves the "three messketeers!" Latimer invites other Lions and family members to share your "doings". They need to be in Dover's Pride so all

Lions may enjoy what Dover Lions are doing.

DUES:

A reminder for the club Treasurer DUES is due now. Thank You.

Dover Lions Club hats and vest will be available at the next meeting. When working White cane all Dover Lions need to be wearing items that let the public know that we are Lions.

DOVER LIONS WHITE CANE DAYS:

The specific dates are Friday, 23rd from 1 P.M. to 7 P.M., and Saturday, 24th and Sunday 25th, from 9 A.M. to 7 P.M.

We will be at the Safeway, Acme and WalMart North.

In order for this to be a success the Club needs the help of all of our members.

DIABETES CORNER:

Why did my doctor recently start me on a blood pressure medication even though my blood pressure is only slightly elevated?



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High blood glucose combined with high blood pressure increases your risk of getting diabetic kidney disease. Kidney disease can lead to kidney failure and the need for either dialysis or a kidney transplant. Doctors can identify diabetic kidney disease at a very early stage, when small amounts of protein appear in the urine (microalbuminuria). Certain drugs that lower blood pressure, such as ACE inhibitors, also lower microalbuminuria and can slow down the development of kidney disease. A lower-protein diet may also be beneficial in preventing kidney problems.

GENERAL CLUB NEWS:

Lion "Tee" is on the mend! Lion "Tee" sends his thanks to all Club members for his many notes of encouragement. He says oxygen tanks are now going back. They are needed no longer! He will have to miss a couple of meetings because he goes for treatments on Mondays. He's up to 2 miles an hour on his treadmill. Now, we have to send best wishes to Zoe. If "Tee" is better, she will have more trouble handling him! Bells, we love you both!

Jeffrey Horvath, the retired Chief of Police will be our speaker at the April meeting as planned. Lions, please, let's have a good turn-out for him.

Lion Lyle Dabson's photo was on page 15 of the March 30th Dover Post. He was buying wheel chairs at an auction for our Lions Club! That growly Lion is always helping.

The Dover Lions Club would like to thank the Dover Lioness Club for their \$100 Donation to the Dover Lions White Cane Days.

PRE SCHOOL VISION:

The Dover Lions Pre School Vision Team will participate at Old Dover Days by demonstrating the Pre School Vision Equipment. They will also be demonstrating the equipment on May 6th at the State School Nurse's convention and again on June 19th at the Delmarva Chicken Festival.

MEMBERSHIP

Remember Your Member-ship Bring it to the April meeting and get a hole punched. Our contest is continuing. Talk to someone about Lionism and get your member-ship punched.

CLUB NEWS AND NOTES:

MARCH REGULAR MEETING

King Lion Gary called the meeting to order at 6:30 P.M. at the Dover Sheraton.

First Verse of America by Lion Dave Milne

Pledge of Allegiance by Lion Dick Holland

Invocation by Lion Norman Quible

Toast by Lion Don Kirk

King Lion Gary introduced Lion Guyla and PDG Jack Brinckmeyer from the Rehoboth Beach Lion Club.

Dinner was a salad, roast beef with gravy, scalloped potatoes, green beans, and dessert of chocolate mousse.

Committee Reports:

- Lion Rennie Quible thanked the following Lions for their help with Pre School Vision Screening: Lion Norman Quible, Lion Rosemarie Milne, Lion Frank Jones, Lion Jennifer Maranago and Lion Gary Stumpf.
- Lion Frank Jones asked the club to help with our White Cane fundraiser over the last weekend in April. If you have not signed up to help please call Lion Frank at 302-674-1868.

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- Lion Rosemarie Milne gave the following report on the nominations officers for next year:

2010 – 2011 Dover Lions Club Officers	
OFFICE	LION
President	Rennie Quible
1 st Vice President	Aundria Hicks
2 nd Vice President	
3 rd Vice President	Lyle Dabson
Treasurer	Bruce Marvel
Secretary	Ralph Schieferstein
Tail Twister	Dave Gearhart
Lion Tamer	
2 Year Director	Tony Lee
2 Year Director	Frank Jones
1 Year Director	Don Kirk
1 Year Director	Harry Fillman
Immediate Past President	Gary Stumpf
Membership Chairman	Tee Bell

Motion was made by Lion Lyle to close the nominations on all offices that are filled and keep open the nominations on the two open offices until the next regular meeting. Motion was seconded by Lion Rennie. Motion Passed

Lions attending the convention in May in Dover are as follows: Gary Stumpf, Norm Quible, Rennie Quible, Bruce marvel, Tee Bell, Rosemarie Milne, Jennifer Marango, Pat Webb, Ralph Schieferstein and Harry Fillman.

Lion Rosemarie Milne donated a cake to the club and the money raised from the auction of the cake was to be placed in the administration account.

Program for the evening was Lion PDG Jack Brinckmeyer who talked to the club on the Delaware Sight Team. They collect about 50,000 to 100,000 pairs of eyeglasses a year for the Lion in Delaware. These eyeglasses have been sent to Mexico and Trinidad. The Dover Lions turned over 230 pair of eyeglasses to PDG Jack along with a box of sun glasses.

50/50 of \$17 was won by Lion Norm Quible.

Meeting was adjourned at 8:05 P.M.

Submitted by

KL Gary

APRIL BOARD MEETING

King Lion Gary Stumpf called the meeting to order at 6:30 PM at the home of Norm and Rennie Quible.

Treasurer Bruce Marvel submitted the monthly Treasurers' report to the board for approval.

Treasurer Bruce reported that we have received approximately 50% of the dues from Club Members. Second notices were sent out in March. Sec Ralph made a motion to accept the treasurer's report subject to audit. The motion was seconded by Lion Frank Jones. The motion was approved unanimously.

Secretary Ralph Schieferstein stated that his reports had been distributed via the newsletter. He thanked King Lion Gary for taking the minutes at the last regular meeting while he was visiting Frederica Spring Creek.

King Lion Gary reported on the following items:

- Lions Officer Training School – May 6th, 6-9PM

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- 4th Cabinet Meeting – Sunday April 18th at the Dover Sheraton
- Next Zone Meeting – Thursday April 29th – Smyrna Diner
- Eye Bank Annual Banquet – Sat June 12th.

Committee Reports:

Nominations – In Lion Rosemarie's absence, Lion Rennie reported that there was no change in the slate of officers since the last meeting. King Lion Gary said he talked to Lion Pat Webb about the Lion Tamer position and she agreed to take it if elected. The board agreed to add Lion Pat to the slate. The only vacancy now is 2nd VP. Elections will be held at the April 19th meeting.

White Cane – Lion Frank told the Board that White Cane Days will be held on April 23, - 25th at Safeway, Acme, and WalMart North. He is still seeking members to fill the time slots but was not certain if Capitol City would participate. Sec Ralph stated that he had been at the Capitol City meeting the previous Saturday and they had discussed joining us in this endeavor.

Pre-School Vision Screening - Lion Rennie Quible reported that her team has screened over 500 children. She has two more schools lined up to screen. She also reported that we will screen eyes at Old Dover Days in May and then participate in the Delmarva Chicken Festival on June 19th by also providing eye screening. She will also be making a presentation to the School Nurses Conference in May.

Old Business:

- Sec Ralph reported that the Delaware Lions Foundation had approved our grant request to support a camper from Kent County to attend Camp Sunnybrook. He had also distributed an e-mail that stated that 6 campers from Dover attended the camp from Dover last year in order to answer the Lion Lyle Dabson's question regarding how many campers were from Kent County.
- Members were reminded that they need to send in their registration/order forms for the Multiple District Convention. Sec Ralph was asked to send the forms to the members by e-mail and to have copies available at the next meeting. Sec Ralph will select the delegates from those attending the convention using random generated numbers, the same as last year.

New Business:

- King Lion Gary made a motion to defer completing the annual donations until after the White Cane Days have been completed to see how our finances are doing. Lion Frank seconded the motion and it was passed unanimously.

Lion Harry made a motion to adjourn that was seconded by Lion Bruce Marvel.. The motion was passed unanimously.

King Lion Gary adjourned the meeting at 7:33 PM.

The next regular meeting of the Dover Lions Club will be Monday April 14th at the Dover Sheraton Inn.

The next Board of Directors meeting will be held on Monday May 3rd at the Quible's home.

**Respectfully Submitted,
Ralph Schieferstein, Secretary**

LYMAN LION



Lyman Lion shares a story, unbelievable but true. In February of 1975, Lions in Norway and the United States cooperated in a wintertime activity generating international warmth and understanding. They sponsored the first "Race for Light." The event drew 54 skiers from the United States, Canada,

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Norway and Africa to the slopes of Breckenridge, Colorado. All of the skiers were blind! Actually, the event was not a contest, a test of speed or a trial of endurance. Instead it provided an opportunity for blind people to enjoy an athletic experience ordinarily open only to sighted individuals. How was it done? An instructor/guide skis on a trail paralleling the trail used by the blind skier. The instructor/guide warns of turns, bumps, and hills ahead, becoming, in effect, the eyes of the skier. Now, that's service on the move! On the move!

Volunteers needed for REP evaluation

Good afternoon-

The REP section is seeking volunteers to act as "evacuees" in support of the upcoming evaluation of the REP Evacuee Reception Center. The Reception Center is located at the National Guard's Smyrna Readiness Center, which is in the Smyrna Business Park.

We are looking for volunteers to help out on the following dates:

- **April 22** – this is the dress rehearsal date, and we're looking for as many folks as possible. We would like to reach out to DEMA staff, as well as any volunteer organizations that may be interested in helping out. If you're interested, or if you work with or know of any volunteer groups that might be interested, please let me know.
- **May 6** – this is the date of the actual graded evaluation. We would like 5 DEMA staff members on this date, but no volunteers from outside organizations.

Start times for both dates are approximately 0900 hrs. And of course, please seek approval from your supervisor before committing.

If you want to know more, ask a member of the REP section and we'll be happy to give you all the details. And as always, thank you for your support of the REP Program.

Dan

Daniel A. Rose
Delaware Emergency Management Agency
165 Brick Store Landing Road
Smyrna, DE 19977
(302)659-2231
(302)659-6855 fax
dan.rose@state.de.us

District Governor's Message:

Fellow Lions,

What a day, pancakes at 6AM in Claymont, LVRF in Baltimore at 9AM, and at 1PM a membership information event at the Wayside Inn in Smyrna. It was great to see committed Lions from the surrounding Clubs come to help Smyrna work on their membership. A few Lions handed out information at the opening of the Rita's across the street that brought in more interested people. Please don't let up on the membership push and retention. We have made wonderful improvements this year and it would be **Great** if we could finish the year at +50. Membership is at 1342 as of today 3/21, another positive number. We are still in the top 20 districts in the nation and growing.



The Mid-Winter Social was a lot of fun and great food as always. Kudos to Lion Maxine and the crew that helped her put on a fine event even after the bad weather postponement. Talking about late, the Polar Bear plunge was fun "cold" but fun. I got a break in the weather for my first plunge but I want to tell you the surf

spray in winter feels like ice picks on your skin **IT WAS COLD!** I have turned in over \$3,300 to Special Olympics! Thanks for the Support! Please get the remaining pledges to me so I don't have to hound you! I will for the Olympians!

I would appreciate anyone who has digital pictures from District events or any of my Official Visits sending them to Lion Bob Pierson. litbear4500@msn.com

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March 27 will be Delaware State Lions Day, show your colors. March 28th is the Bowling Tournament; the next 2 days are Leader Dog north & south, Vision Days April 9&10, and the 4th cabinet meeting April 18th. District Officers Training school will be May 6th. Mark your calendar; it's only about 6 weeks away. A class on forming a Club Branch will be presented. I hope at least one member from every club will be able to attend. I believe this to be the future of our District's growth.

All clubs should have received forms for the MD Convention & reservations at this time. If you have not, please contact CS Carol. Note: LCI Convention delegate forms were in the Lions magazine and are on line, they will not be mailed to clubs.

Several changes to the Multiple District Constitution & Bylaws are to be voted on at the MD Convention in May. All Club Secretaries and Presidents will receive the notices with the proposed changes by US Mail as required by the MD C & BL.

When that is accomplished, they will be sent by e-mail as well to aid you in distribution to your members.

Visitations: if you had a scheduled one canceled due to the weather and could not reschedule, let us know. We will consider but No promises and no extensions. We completed our OVs. You can start next years on April 1st.

"Yours in Lionism"

DG Lee

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When it comes to meeting challenges, our response is simple: We serve. In 205 countries, in hospitals and senior centers, in regions battered by natural disaster, in schools and in eyeglass recycling centers, Lions are at work, helping, leading, planning and supporting. Because we're local, we can serve the unique needs of the communities we live in. And because we're global, we can address challenges that go beyond borders.

We want everyone to see a better tomorrow. That's why we support [sight programs](#) and services including vision screenings, eye banks and eyeglass recycling. Provide eye care services to those at risk of losing their sight. And raise donations through campaigns like [SightFirst](#) and [Campaign SightFirst II](#).

We believe everyone deserves a healthy life. From providing [health programs](#) that focus on [hearing](#) loss to supporting efforts to control and prevent [diabetes](#), we're working to improve the health of children and adults around the world.

We empower the next generation. Whether it's providing volunteer and leadership experiences in a [Leo club](#) or sharing a message of peace through our Peace Poster contest, our [youth programs](#) invest in the future by reaching out to young people.

We serve local communities – and protect the planet. From performing hands-on service projects to providing emergency assistance, our [community and environment programs](#) improve our communities – and protect the environment.

The above information was taken from the LIC Web Site.



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