

DOVER'S PRIDE



VOLUME LXIII NUMBER II
August 10, 2009

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President's Message:

Dear Fellow Lions,

During the first month members of the Dover Lion's Club have been very busy. Some of the high points to date are as follows: loaning of hospital equipment, pre-school vision screenings and Banner transfer, many thanks to all of the Lions who participated.



While we are enjoying the last month of summer it is time for us to start planning for the Chicken Fry along with continued selling of the car raffle tickets, along with enjoying the last of summer vacations and fun with family and friends.

As Lions we are always looking for new and exciting ideas for programs for our regular meetings. Any club member that has an idea please contact out program chairman Lion Rennie Quible.

Upcoming District events are as follows: First Cabinet Meeting, the Pres., Sec., Treas., and Membership meeting and the First Zone Meeting.

As always we are looking for new members. It is the job of all of the members of the Dover Lions Club to ensure the health of the club. In order for the continued good health of this club we need new members along with keeping the members that we already have. One of the best factors in growth is that with more members the work on our fundraising projects is spread out over a larger base. This will also help us to do more in the community. Remember that our motto is "We Serve."

Our next regular meeting is on Monday, August 17th, at 6:30 P.M., at the Dover Sheraton.

Web Page Address: www.doverlionsclub.org

Yours in Lionism,

Gary Stumpf

Diabetes Corner:

I wasn't physically active before my pregnancy. What is the best exercise for a diabetic pregnancy?

Because you were relatively inactive before your pregnancy, it is wise to have your obstetrician evaluate you and make recommendations for specific types of physical activity during your pregnancy. Physical activity provides many pregnancy health benefits and assists in blood glucose management. Walking is considered one of the best forms of physical activity for pregnant women. Brisk walking will provide you with a good total-body workout and should be relatively easy on your joints and muscles.

Swimming, water aerobics, and prenatal stretching classes offer other opportunities for you to gradually begin a program of physical activity. Arm exercises might be another option. If you have your physician's OK, your goal should be to accumulate 30 minutes or more of moderate exercise on most, if not all, days of the week. Be sure to check your blood glucose before, during, and after your exercise session and make adjustments in your meal plan if needed.



Important Dates:

AUGUST

11 Membership Meeting, Hall's, 5:30 P.M.
17 Regular Meeting, Dover Sheraton, 6:30 P.M.,
Program on the Code Talkers
25 Pres., Sect., Tres. and Membership
27 First Zone Meeting, Noble Eagle, 6:30 P.M.

SEPTEMBER

07 Labor Day
Board Meeting Date to be announced
21 Regular Meeting, Dover Sheraton, 6:30 P.M.
24 to 26 USA/Canada Forum

Upcoming Dates:

District Governor's Visit, Oct. 19

Chicken Fry, Nov. 7 – 8

HAPPY BIRTHDAY:

AUGUST

13 Richard P. Watson
23 Nathaniel Parker
30 Norman E. Quible

SEPTEMBER

21 Bruce W. Marvel
24 Edward "TONY" Lee
29 Howard Schweitzer

Latimer Lion:



Latimer Lion tells about the Sunday school teacher who, following the lesson, asked her class who would like to go to heaven. All of the youngsters raised a hand except for Alvin. When asked why he didn't raise his hand, Alvin explained. "I can't go... My mother told me to come right home after Sunday school!"

PDG Norm's Car Raffle Ticket Reminder

"Many fine Lions have ordered raffle tickets. Many, many thanks go to all of you 'sellers'. Keep on selling. Those Lions who haven't yet contacted me for tickets, I ask: 'Why not?' What are you waiting for?' You took a pledge, when you became a Lion, to support your club's activities. Well, we need that support NOW. We don't have enough fund raisers to support our community service work. Car raffle tickets bring money into our club. We know you will be a fine Lion and help sell tickets. Thanks, Norm. "

NEW ROSTER BOOKS:

Roster Books for Lion's Year 2009 – 2010 are available from the Club President. They can be picked up at any Board Meeting or Regular Meeting of the Dover Lions Club. **Roster books will not be mailed to club members.**

Ya-tah! That is the greeting you will receive at our August meeting. Lion Rennie plans to share information about the heroic U.S. Marine Navajo Code Talkers who helped the Allies to win WWII. We hope to see you there.

AWARDS:

Awards received by members of the Dover Lions are as Follows: Jerry Lawrence, Bronze Ralph Helms, Harry Fillman, Silver Ralph Helms, Norman Quible Gold Ralph Helms, Rennie Quible Gold Ralph Helms, Don Witmer, Silver James McCarty, Pat Webb, Bronze James McCarty, Rich Bonnell, Bronze James McCarty, Norman Quible, Gold James McCarty, Rennie Quible, Gold James McCarty. The following members received a Life Membership in the Lions Eye Bank of Delaware Valley, Bill Daisey, Aundria Hicks, Gary Stumpf, Frank Jones and Rosemarie Milne.

Lions Eye Bank of Delaware Valley:

The Eye Bank is holding its 15th annual Golf Classic. It is a fun event (marshmallow putting even!)...and this year we are in southern NJ

We have a Chinese auction (please check your garage!) and silent auction (Southwest Airlines and sports teams are participating -- world series champs The Phillies in a BIG way; McNabb signed football; getaways from Atlantic City's Borgata to oceanfront Myrtle Beach. There's even an American Girl doll for auction).

We would appreciate your assistance in getting the word out regarding this event.

We can never have too many golfers! If you know anyone who likes to golf ...the person does not have to have a foursome...we will place individual golfers with someone to complete a team.

You can register at the event; but, if you call at least the day before we can place you on a team before your arrive. The event is August 21st, a Friday, White Oaks Golf Course in Newfield, NJ (Gloucester County). The cost is \$125.00 per golfer which includes lunch and dinner and greens fees. For the buffet only, the cost is \$35.00 per person. Auction participation is free.

Max Rice, Director
Marketing & Development
Lions Eye Bank of Delaware Valley
401 North 3rd Street
Philadelphia, PA 19123
215.563.1679
www.LEBDV.orgyounger, healthier weight for you.

Club News and Notes:

JULY REGULAR MEETING

The regular July meeting of the Dover Lions Club was called to order at 6:30 PM on July 20th at the Dover Sheraton Inn by King Lion Gary Stumpf. Our guest for the evening was prospective new member Mike McConnell who was invited by Lion Ralph. Mike works for Lank, Johnson, and Tull in their Dover office.

Singing of America was led by King Lion Rosemarie Milne.

The Pledge of Allegiance was led by King Lion Gary.

The Invocation was given by Lion Norm Quible.

The Lions Toast was led by Lion Lyle Dabson.

The Introduction of Guests was led by KL Gary.

Dinner of salad, Roast Turkey, Stuffing, Mashed potatoes and mixed vegetables was served with ice cream for dessert.

After Dinner, Lion Frank Jones told us about White Cane, a fund raising project that was used by his former club with great success. It is very similar to Vision Days with the exception that our club keeps all the money. He also told us about the Braille Coin that has been issued to celebrate the 200th birthday of Louis Braille. Lion Frank related an experience he had with his former club in New Jersey. There was a teenager who was visually impaired and needed a Braille typewriter. His club helped provide the typewriter for the teen. The teen later became a Lion when he became old enough to join the club. He wanted to be able to give back to the community just like he was helped. Lion Frank said that was the day that he became a real Lion.

Lion Rennie recapped her MemberShips program for last year and examined the ships to see who had the most portholes. Lion Dick Holland took first prize for having the most holes punched in his ship.

Lion Frank Jones reported that a meeting of the Chicken Fry Committee was to be held on August 5th at the Quible's at 6:30PM. All were invited to attend and volunteer to help out.

Lion Rennie announced that Vision Screening would be conducted that week at the Colonial Gardens Head Start and at a different one the next week. She is just getting her program started but most of the screenings will be done after the first of the year.

Lion Norm Quible urged us to sell, sell, sell our Car Raffle tickets and turn the money in to Treasurer Bruce as soon as possible.

King Lion Gary presented Immediate Past President Rosemarie Milne with her Past President's Pin.

Secretary Ralph gave a report on the International Convention in Minneapolis in early July. The Beach Boys were the performers at the International Show and Former Secretary of State Colin Powell was the Key Note Speaker. Lion Ralph reported that it was an excellent convention and he encouraged all members to make an effort to attend at least one in their lives.

King Lion Gary announced that there will be a Zone Meeting at the Noble Eagle on August 27th at 6:30. The President, Secretary, Treasurer, and Membership Chair are required to attend.

Lion Aundria Hicks reminded those in attendance that she is donating half of her commission from the sale of Mary Kay Cosmetics to Lions Members to the Lions Club so if you need any of these products, please contact her.

After the 50/50 drawing the meeting was adjourned.

The next Board of Directors meeting will be on August 3rd 2009 at the home of Lions Norm and Rennie Quible.

The next regular meeting of the Dover Lions Club will be Monday, August 17th, 2009 at the Dover Sheraton Inn. Bring your friends and neighbors to the meeting as prospective members.

**Respectfully submitted
Ralph Schieferstein, Secretary**

AUGUST BOARD MEETING

King Lion Gary Stumpf called the meeting to order at 6:31 PM at the home of Norm and Rennie Quible.

Treasurer Bruce recommended that we use a couple of 50/50s to wipe out a \$18.90 deficit in the Convention Fund.

Lion Norm made a motion to accept Treasurer Bruce's report and recommendation. The motion was seconded by Lion Lyle Dabson. The motion was approved unanimously.

Treasurer Bruce then presented a proposed budget. After some discussion and the addition of a Sunshine Fund and increasing the Memorial Fund, Lion Rennie made a motion to approve the budget as revised. The motion was seconded by Lion Norm. The motion was passed unanimously.

Secretary Ralph reported on the following items:

- Discussed the Activities Report that is online at LCI and the one to be used to report Club Activities to the District. The online report is fairly simple to use but prints out 4 pages. The District report is fairly simple as well and is only one page. He requested that all members report their hours spent on community service and other Club projects to him so that he can include them in these reports.
- Reminded the officers about the President/Secretary/Treasurer/Membership Chair Dinner on August 25th at Dover Downs. Treasurer Bruce will be sending in the check to register the 4 club officers required to attend.
- Reminded the officers about the Zone Meeting to be held on August 27th at the Noble Eagle Restaurant in Dover.

Lion Frank Jones reminded us about the Chicken Fry Committee meeting at the Quible's home on Wednesday August 5th at 6:30. This will be the kick off meeting to get things rolling for our November Chicken Fry.

Lion Rennie reported that 2 Head Starts have been screened for a total of 55 children. They will have to return at a later date to screen children who were missed the first time. She hopes to screen about 1,000 children this year.

Lion Norm said he still has Car Raffle Tickets available. They will be selling at the Acme beginning again in September. He was asked to set up some other dates at different locations to provide more exposure to different people.

Lion Tee Bell reported that a meeting of the Membership Committee is scheduled for August 11th at 5:30 PM at Hall's Restaurant in Wyoming, DE. All members are invited to attend.

Following the agenda, Lion Ralph made a motion to approve the Dover Lioness as a project of the Dover Lions Club. Lion Lyle seconded the motion and it was approved unanimously.

Lion Norm requested that a list of the club awards that were presented at our Annual Meeting be published in the next newsletter. KL Gary said he would take care of it.

Lion Harry Fillman gave us a report on Lion Howard Schweitzer. He said he is still at the VA Home in Milford and his condition has not improved any.

Lion Harry also made the following suggestions:

- 2 people should be involved for each function at the Chicken Fry to provide some depth in case one person can not perform their normal tasks.
- In our recruiting of new members, we should look for people who can back up our current people who provide special skills or knowledge to the Fry or just to the Club
- We should try to develop projects that would be of interest to our new members

Lion Frank reminded us that we are planning to hold a White Cane Fundraiser in October at a place and time yet to be determined.

Lion Jerry Lawrence suggested that we look at tracking ticket sales to Lions so that we can use the profits from these sales in our Administrative Account.

Lion Lyle inquired about a budget line item for our State Lions Day project. He said he would donate the cookies for the event in order to save the Club some money.

Lion Tee Bell announced that Dover Police Chief Jeff Horvath will be our guest speaker at our November 16th meeting.

Lion Rennie said our program for the next meeting will be about the Navaho Code Talkers of WWII. August 14th has been declared Code Talker's Day. If you don't have any idea about what this is, be sure to join us for the meeting and find out.

Lion Rennie also reminded us that the ads for the newsletter are due again and more are needed. The cost is \$30 for a business card ad for the year.

King Lion Gary adjourned the meeting at 7:51 PM.

The next regular meeting of the Dover Lions Club will be Monday August 17th at the Dover Sheraton Inn.

The next Board of Directors meeting is tentatively scheduled for September 1st at a location to be announced.

Respectfully submitted

Ralph Schieferstein, Secretary

LYMAN LION

Lyman Lion asks: Who was the first female to become a Lion? Who was the second?



Lyman Lion's answer: On Tuesday June 30, 1925 at the Lions International Convention at the Breakers Hotel in Cedar Point Ohio, the Lions attending were fortunate to hear Anne Sullivan-Macy. Her talk was followed by an inspiring address. A 45 year old lady stood before the assembly. In a rasping, hoarse voice, Helen Keller invited the Lions to become knights of the blind. Following her speech and a prolonged applause, Lion Ben Ruffin of West

Virginia offered a resolution making Helen Keller an Honorary Member of Lions International. President Newman declared that the motion was passed unanimously, "making Helen the first Lady Lion of the continent."

Lion Davis of Texas then said: "I move that we recognize Miss Keller's teacher, Anne Sullivan-Macy, as the second Honorary Member of Lions International." This was passed. Helen Keller responded with a wide smile, "I am happy and proud to be a Lion."

NEWSLETTER ADS:

Fellow Lions it is that time once again to inquire if you want to place an ad at the back of your award winning newsletter. Cost of the ad is \$30.00 for the year. The ads run from October to September each year. Please see either King Lion Gary or Assistant Editor Lion Rennie to renew or place your ad. Remember these ads's help offset the cost of the newsletter.

MEMBERSHIP

Remember to talk to folks about Lionism and about becoming a Lion. Remember, also, to bring your member-ship to the meeting. If you don't have one, call Lion Rennie.

District Governor's Message:

Fellow Lions,



Well here we go on what must be a year of growth for the District. With the economic situation being what it is, growth in our existing areas of service will be our prime concern. More and more of our fellow Delawareans will need our services. Can we step-up to the challenge? I know we can, we must.

To that end, my slogan for the year is "Grow the Service". Obviously this asks that we expand what we are doing in every area we can. How can we expand when we too are under economic pressure? Be flexible and creative, don't be too timid try something new. Our International President Eberhard

Wirfs slogan for the year is "Move to Grow". I think the connection is clear. We must "Move" or adjust some of our old ways if we are to "Grow" in order to perform more "Service" or **"MOVE TO GROW THE SERVICE"**.

Every Club will need to look at its fundraising efforts. Cut excess cost to make them as profitable as possible. The old tighten the belt. Can a tried and true fundraiser be expanded or duplicated again during the year? An extra pancake day might be well received by the community. Every Club will need to look at their own program for improvements.

We need to take care of our own. Most of you heard me say that last year, no change this year. We must be mindful that the problems in the economy are shared by some of our members. Let us be sure we do not lose any good members over temporary economic setbacks. Just ask "is this Lion worth keeping" if the answer is yes, then keep them and work out the finances later.

Now for the one we all love, we will need added hands to handle the increase in service and fundraising work. That means new members as well as keeping the ones we have. We lost two clubs last year putting us at 35 clubs the minimum number needed to remain a District. Our membership is only 60 above the minimum of 1250. Last year we lost 188 members and only added about 123.

I will stop talking about membership, when you do something about membership. Yes you, not the other Lions who are reading this, YOU, and now!

"It is time for Lions to come out of their dens!" This bulletin goes out to all PDG'S, District Officers, & Chairs, Club Officers, and Membership Chairs. If you, the District Leaders, are serious about being Lion Leaders in this District then stop talking about what you have done in the past, and Lead now.

23 PDG, 55 Dist. Cabinet, 35 Pres & Member Chairs should = 148 new members.

Please accept the challenge and really **Lead** this year.

DG Lee

CHICKEN FRY:

On Wednesday, August 5th the first meeting of the Chicken Fry Committee was held. The dates of this year's Chicken Fry are Saturday and Sunday, November 7th and 8th. The price will be \$6.00 in advance and \$7.00 at the door. Lion Frank Jones needs volunteers for both days to help cook French fries, bake beans, box chicken and help outside. Help is also needed on Friday, November 6th, and on Monday, November 9th. This is to get the trailer ready for the Chicken Fry on Friday and clean up on Monday. We hope to have tickets for the Chicken Fry by our next regular meeting. In order for this event to be a success we need the help of every member of the club. Please contact Lion Frank Jones and schedule a time in which you can work the chicken fry.

DO YOU KNOW:

Fast Facts



Lions Clubs International is the world's largest service club organization: We have 1.3 million members in 45,000 clubs worldwide.

Lions are everywhere: We're active in more than 200 countries and geographic areas.

Lions have a dynamic history: We are best known for fighting blindness – it's part of our history as well as our work today. But we also volunteer for many different kinds of projects – including disaster relief – across many borders.

Lions serve youth: Our community projects often support local children and schools with new programs and resources. Internationally, we offer many programs, including our popular Peace Poster Contest.

Lions award grants: Since 1968, the Lions Clubs International Foundation (LCIF) has awarded \$610 million in grants to support Lions projects around the world. LCIF was also ranked the number one nongovernmental organization in a 2007 study by *The Financial Times*.

Lions are active: Our motto is "We Serve."

A Lion never wonders: "What can one person do to improve his or her community?" Because Lions are part of a global service network, we do whatever is necessary to help local communities.

The above was found on the LCI website.



We Serve

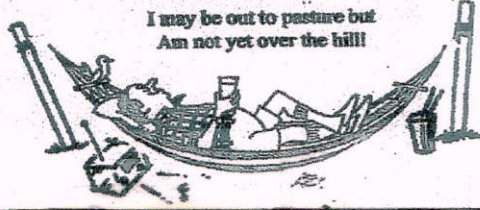


In Lasting Memory of
All Deceased Lions
They Served!

Lion Gary Stumpf

Compliments of P.D.G. Norman E. Quible

I may be out to pasture but
Am not yet over the hill!



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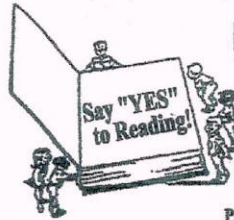
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